Montessori Pointe Claire Summer Camp

Sample summer weekly calendar of activities and menu

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Theme:**Under the Sea | Craft: Tissue paper aquariumStorytime: Whales and DolphinsYoga with Veronique: Best Kids Yoga ever! | Activity: Bake some “Sea Biscuits”Outdoor “Fish” races!Look at Lizards with Reptizoo – Learn about these fascinating animals | Storytime: Rainbow FishGame: Under the Sea musical chairsAfternoon Karate classWith Meghan our amazing and fun Karate instructor | Pyjama day, wear your PJ’s to camp and have a yummy breakfast at camp:Pancakes, scrambled eggs and fresh fruitCraft: StarfishAfternoon Sports games | Craft: a fish maskActivity: The fishing gameShow: Magic with Todsky our favourite summer magician (with his magic fish!) |
| **Lunch Menu:***All our lunches are home cooked from fresh ingredients**Milk is served at lunch and at snack time* | *Potato and leek soup**Crispy crumbly baked fish (white fish)**Green and yellow beans**Apple slices* | *Garden salad**Cheddar cheese cubes**Chicken broccoli divan**Rice pilaf**Bananas* | *Hearty vegetable soup**Salmon patties**Mashed potatoes**Cooked carrots**Nectarines* | *Lentil soup**Vegetarian pizza**Corn**Watermelon* | *Greek salad**Spaghetti with meat sauce (or cheese sauce option)**Broccoli and cauliflower**Sliced fresh peaches* |

*Weekly calendars are given out every Monday of each week*

