 **MENU : March 2018 mars**

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| **Week of:**  **Semaine de:** | **Monday**  **lundi** | **Tuesday**  **mardi** | **Wednesday**  **mercredi** | **Thursday**  **jeudi** | **Friday**  **vendredi** |
| **March**  **mars**  **1-2** |  |  |  | Spaghetti and meatballs in tomato sauce  Dinner rolls  Fresh Fruit | Caramelized mushroom velouté  Sundried tomato & red sauteéd onion macaroni  Fresh Fruit |
| **March**  **mars**  **5-9** | Roasted red  pepper soup  Margherita pizza  Baby corn  Fresh Fruit | Squash soup  Savory crêpe florentine  Cucumber & Cherry tomatoes  Fresh Fruit | Baby spinach salad  Chinese macaroni Roasted peppers  Fresh Fruit | Garden zucchini soup  Crispy crumbly baked fish  Mashed potatoes  Fresh Fruit | Hearty quinoa soup  Eggplant parmesan  Spring vegetables  Fresh Fruit |
| **March**  **mars**  **12-16** | Tomato soup  Mushroom & cauliflower penne  Fancy zucchini sticks  Fresh Fruit | Brocollini soup  Steak & Cheese Rollies  Peas  Fresh Fruit | Celery soup  Sweet and sour turkey loaf  Rice pilaf  Broccoli  Fresh Fruit | Pea soup  Turkey and cheese  roll- ups  Carrots  Fresh Fruit | Baked kale soup  Broccoli, eggplant & zucchini quiche  Mini croissants  Fresh Fruit |
| **March**  **mars**  **19-23** | Beef and barley soup  Baked filet of Basa  Garden mixed vegetables  Fresh Fruit | Cauliflower soup  Egg salad with red pepper rolls  French bean salad  Fresh Fruit | Broccolini  cheddar soup  Sloppy Joes  Mixed vegetables  Fresh Fruit | Corn & russet chowder  English seasonal veggie pizza  Spring greens  Fresh Fruit | Sweet potato soup  Vegetarian sheperd’s pie  Homade coleslaw  Fresh Fruit |
| **March**  **Mars**  **26-30** | Winter squash soup  Zucchini soufflé  Couscous  Fresh Fruit | Potato leek soup  Grilled cheese sandwiches  Cherry tomatoes & Cucumber sticks  Fresh Fruit | Cream of caramelized  red onion soup  Salmon loaf  Rice pilaf  Corn  Fresh Fruit | **Easter menu!**  Carrot and cucumber dip  Ham, Cheese and veggie quinoa frittata  Chocolate Fruit Dip | **Good Friday!** |
| **A fresh fruit desert is served after each lunch.**  **Milk is served at lunch and during morning and afternoon snack.** | | | | | |