

JANUARY 2019 NEWSLETTER

**THANK YOU TO ALL OUR PARENTS**

Thank you to all our parents who brought in treats for our Christmas party buffets and all your donations to Share the Warmth and to the Mission Catolica Latino Americana de Montreal. Once again, thanks to your grand generosity, both organizations received a huge amount of perishable food items and toys and clothes!

Thank you, you all made these Christmas Drives a huge success!!

**REGISTRATION FOR SEPTEMBER 2019**

Your registration for September 2019 should now be complete. If you have not yet handed in your forms and intend on registering your child or a sibling for September 2019 please let us know right away. Places are already almost full for most of our classrooms. Registration for Summer Camp (which is from June 26 to August 31) will take place in March.

SKATING

***\*There are a few places still available to register for skating. Please let us know asap.***

**SO00549_Skating starts on Friday, January 11. Your child should be at the school for 9:00 a.m.**

**We are asking that you please:**

* send a **backpack** (not a gym bag) for your child’s skating equipment, as the backpack is much easier for the child to carry.
* send a **helmet**. If the helmet does not fit inside just snap it on to the backpack on the outside, although we much prefer if the helmet can fit in the backpack as there is less risk of it getting “hooked” on anything when the child is walking or getting in and out of the bus. Your child needs a hockey helmet with a cage or visor for the skating lessons. Please **check the helmet at home and adjust the straps to fit correctly**. Children do not need a hat under the helmet (they will be way too hot that way).
* children will also **need their snow pants and mittens or gloves for skating.** The children should not be wearing other hockey equipment; snow pants are sufficient for protection and allow more flexibility of movement.
* please check that your child’s skates are sharpened and that they fit well (if the skates are too large the child will not be able to skate properly).
* parents are invited to the final skating class on **Friday, March 15**. If you wish to come before that class this is perfectly fine as long as your child is happy to participate in the lessons with you there. However, if your child is clinging to you or asking to get off the ice to see you then we need to you to not be present please. The one thing we can guarantee is that your child will be fine at lessons with just his teachers (it always works this way!).The list of children registered for skating is posted by the classroom d oor.
* please check that your **child’s name appears on the list if he/she is registered.**  It is still possible to register your child for skating if you wish. Please pick up a registration form at the office.
* **skating lessons** are for children aged 3 and up, fully toilet trained: classrooms 1, 2 and 4).

**PARENT MEETING**

Our third parent meeting was held on December 5, 2018. Here is a brief summary of what we discussed during this meeting:

**Artemis (Daycare Director): Parenting tips on what to do when your child says “no”.**  The word “no”, is usually used by children because they quickly realize how much power this little word has. They are seeking attention. As a parent, it is our job to diffuse the situation or if possible, completely ignore your child. Artemis share some of the following tips for parents who find themselves in this “tug-of-war” with their little ones. Interventions for attention seeking behaviour. You can distract the child, do the unexpected (laugh, etc), legitimize the behaviour, physically move the child or notice the appropriate behaviour.

**Artemis (Daycare Director): How to make the holidays more fun for children and adults.** The most important thing to remember during the holidays, Artemis stated, is to take it easy on yourself! Once you relax a little, so will your children. Establish a family tradition. Some parents shared some of their family traditions which included baking, or making homemade ornaments.

**Herla (professeur de la prématernelle): Comment l’enfant se développe globalement.** Herla explained that children will develop at their own pace and along the way they will develop their talents and their passions. Here at Montessori, our philosophy is based on the fact that every child is different and as Educators it is our job to ensure that each child is nurtured and mentored in accordance to their very own needs.

**Samantha (Classroom 4 & 5 Teacher). Reducing stress and anxiety in children. Strategies that work.** Samantha presented a very comprehensive paper on the subject above. It is more common to find our little ones are experiencing some stress due to our fast paced world. Samantha told our parents that everyone has anxiety. The important thing to remember is that we need to recognize it and incorporate activities that will lessen all that energy and normalizing it. Ultimately, everyone had a story to share about their own children and Samantha’s document was very well received and much appreciated by the group.

**Tanya (Classroom 3 Teacher): Question and Answer period for Classroom 3.** Once again the most popular topic up for discussion was toilet training. Tanya advised the parents that many of the little once are already asking to sit on the toilet. All our teachers in Classroom 3 and 4 are ready and willing to work with you if would like to start toilet training your child. At the end of the day, if we all work together, we can achieve this goal

**Our next parent meeting will be held on Friday, February 1, 2019. We welcome you to attend the meeting. Wine and cheese is served and it is a pleasant and informative evening. Meetings adjourn at 9:00pm.**

**Main topic on our agenda is “Siblings without rivalry” for a preview take a look at the next page of our newsletter!**

**INCOME TAX RECEIPTS**

Income tax receipts (Relevé 24) will be issued at the end of February. You will find the receipt in the “mailboxes” by the classroom door. Once you receive it, if any corrections are needed please bring your Relevé 24 to the office and we will email you the corrected copy.



