 **Menu : April 2019 avril**

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| **Week of:**  **Semaine de:** | **Monday**  **lundi** | **Tuesday**  **mardi** | **Wednesday**  **mercredi** | **Thursday**  **jeudi** | **Friday**  **vendredi** |
| **April**  **Avril**  **1-5** | Fresh spring salad  Tuna casserole  Fresh fruit | Tomato basil soup  Chickpea curry with potatoes Steamed carrots  Fresh fruit | Zucchini potage  Turkey loaf  Brown rice  Corn  Best banana bread | Cauliflower soup  Basa filet “Cardinale”  Garden vegetables  Fresh Fruit | Black bean and vegetable soup  Homemade cheese pizza  Mixed vegetables  Fresh fruit |
| **April**  **Avril**  **8-12** | Cauliflower soup  Shepherd’s pie  Yellow and green beans  Fresh fruit | Bisque of eggplant and nutmeg  Tuna roll ups with peppers and sweet carrots  Fresh fruit | Tomato soup  Grilled cheese sandwiches on brown bread  Steamed broccoli  Fresh Fruit | Carrot soup  Homemade turkey burgers  Roasted potatoes  Fresh fruit | Garden salad  Cheese tortellini with rosé sauce  Mixed steamed vegetables  Fresh fruit |
| **April**  **Avril**  **15-19** | Spinach and strawberry salad  Vegetarian chili  Rice pilaf  Fresh fruit | Tomato and rice soup  Penne Alfredo  Corn  Fresh fruit | Corn Chowder  Meat loaf  Roasted potatoes  Mixed vegetables  Fresh fruit | Celery soup  Spinach patties  Rice pilaf  Tzatziki with pita bread  Fresh fruit | **CLOSED FERMEE**  **Good Friday**  **Vendredi Saint** |
| **April**  **Avril**  **22-26** | Vegetables and dip  Spaghetti with tomato sauce and meatballs  Fresh fruit | Cucumber and cherry tomatoes  Sweet and sour turkey loaf  Rice pilaf  Broccoli  Fresh fruit | Creamy squash soup  Homemade macaroni and cheese casserole  Mixed vegetables  Fresh fruit | Carrot soup  Chef’s special chicken pot pie  Whole wheat rolls  Fresh fruit | Chicken noodle soup  Sloppy Joes  Corn  Fresh fruit |
| **April**  **Avril**  **29-30** | Garden salad  Chicken salad and cheese sandwiches  Mixed vegetables  Fresh fruit | Minestrone soup  Broccoli and cheddar cheese quiche  Fresh fruit |  | Image result for healthy food clipart |  |
| **A fresh fruit “dessert” is served after each lunch.**  **Milk and water are served at lunch and during morning and afternoon snack.** | | | | | |