



# Menu

## December 2020 décembre

Week of: Semaine de:	Monday-Lundi	Tuesday - Mardi	Wednesday- Mercredi	Thursday-Jeudi	Friday- Vendredi
December 1 to 4		Vegetable and barley soup fish cakes Couscous Broccoli Fresh fruit	Minestrone soup Grilled cheese sandwiches cheese Fresh fruit	Sweet potato soup Chicken with peas and rice Hummus with pita bread Fresh fruit	Vegetables and dip Spaghetti with meatballs Fresh fruit
December 7 to 11	Tomato and rice soup Meatloaf with brown sugar sauce Roasted potatoes Fresh fruit	Celery soup Chicken salad and cheese sandwiches Mixed vegetables Fresh fruit	Garden salad Vegetarian lasagna Fresh fruit	<b>Hannukah</b> Vegetable soup Kugel (a traditional casserole made with egg noodles) Donuts Fresh fruit	Mediterranean style lentil soup Broccoli and cheese omelet Carrots Fresh fruit
December 14 to 18	Leek and potato soup Pasta Primavera Cauliflower Fresh fruit	Special children's chili Rice Tortillas Fresh fruit	Broccoli soup Chicken rice Fresh fruit  <b>Christmas party snack in the afternoon:</b> Hummus and veggies Fruit Crackers and cheese	<b>CHRISTMAS Lunch</b> Turkey, mashed potato, stuffing, gravy, cranberry sauce Corn Holiday dessert	<b>Kwanzaa</b> Black eyed peas Beefy Mac and cheese Banana cake
December 21-23	Tomato soup Gigi's butter chicken Rice pilaf Broccoli Fresh fruit	Carrot soup Crispy crumbly baked fish Boiled potatoes Fresh fruit	<b>Pyjama Day</b> Vegetable soup Homemade pizza Fresh fruit		
<b>Milk and water are served at lunch and during morning and afternoon snack</b>					

