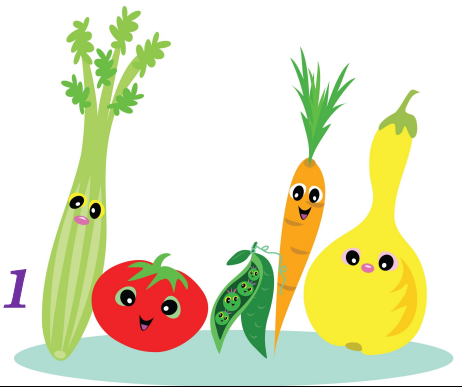






June 2021 Menu

Menu de juin 2021



Week of: Semaine de:	Monday lundi	Tuesday mardi	Wednesday mercredi	Thursday jeudi	Friday vendredi
June 1-4		Celery soup Crispy crumbly fish Couscous Corn Fresh fruit	Vegetable soup Curry chicken roll ups Broccoli Fresh fruit	Carrot soup Creamy macaroni bake Mixed vegetables Fresh fruit	Zucchini soup Shepherd's pie Bread & Butter Fresh Fruit
June 7-11	Spring mix salad Spaghetti with meatballs Garlic bread Fresh Fruit	Celery soup Baked French toast Roast potatoes Fresh Fruit	Homemade chicken soup Beef stew Rice pilaf Fresh Fruit	Carrot soup Baked lemon garlic fish Boiled potatoes Fresh Fruit	Broccoli soup Chicken parmigiana with penne Fresh fruit
June 14-18	Spinach soup Tuna loaf Couscous Peas Fresh Fruit	Vegetables & Dip Sloppy Joes Fresh Fruit	Mixed salad Penne with tomato sauce Bread with butter Fresh Fruit	Asparagus soup Beef stroganoff Corn Fresh Fruit	Graduation Day Chicken and rice Fresh Fruit <i>Graduation party snack in the afternoon:</i> Hummus and veggies Fruit Crackers and cheese
June 21-25	Minestrone soup Grilled mozzarella sandwiches Corn Fresh Fruit	Tomato and cucumber salad Potato scallion and goat cheese frittata Cauliflower Fresh Fruit	Pea soup Noodles with tomato and ricotta cheese Broccoli Fresh Fruit	St-Jean Baptiste Holiday 	Garden Salad Pizza with homemade sauce Cheese Fresh Fruit

A fresh fruit "dessert" is served after each lunch.
Milk and water are served at lunch and during morning and afternoon snack.